

Value Added Services

DSHP Plus

Care that puts you first.



In addition to the State-provided Diamond State Health Plan (DSHP) and Diamond State Health Plan Plus (DSHP Plus) benefits which include Home and Community Based Services and Skilled Nursing Care, Delaware First Health members receive these extra value added services.



Help Paying for Over-the-Counter Pharmacy Products



Housing Transition Allowance

Funding available for adults experiencing homelessness, transitioning from facility care, or foster care to independent living.



My Health Pays® Rewards Program*

Earn dollar rewards on your My Health Pays® Visa Prepaid Card for making healthy choices.



Start Smart for Your Baby®

Free resources and support to help pregnant members and new parents.



Weight Watchers® Memberships

Up to \$250/year to help you maintain a healthy weight.



At-Home Asthma Resources

*Funds expire immediately upon termination of insurance coverage.
My Health Pays® rewards cannot be used for pharmacy copays.

Value Added Services	Details
GED Testing	For members 16+ not enrolled in school
Tutoring	\$200/year in tutoring for members in grades K-12 who are at risk of falling behind in one or more subjects
Healthy Weight	\$250/year towards weight management resources like Weight Watchers®
Home-Based Asthma Interventions	\$250/year for home-based resources like air purifiers and hypoallergenic bedding. For qualifying members with severe asthma
Housing Transition Allowance	Funding available for adults experiencing homelessness, transitioning from facility care, or foster care to independent living. In addition to State Allowance for LTSS members
My Health Pays® Rewards	Rewards card is automatically sent to members who have completed any qualifying activity
Post-Discharge Home Meal Delivery	For at-risk members after discharge from hospital or inpatient facility
Practice Dental Visits	Practice visits to the dentist for members ages 21 and older with I/DD to help understand what happens at an appointment
Free Cell Phones	Help getting a free cell phone
MyStrength® App	Access to MyStrength mobile app to help manage stress, anxiety, chronic pain & more
Vision Services	Adult eye exams and eyewear allowance of up to \$160 available every other year
Whole Health Transportation	Transportation to value-added services and additional qualifying services and events, such as rides to the pharmacy and home delivery of prescriptions where available
Pharmacy Benefits	\$30 per quarter per household for over-the-counter pharmacy products, such as baby care, digestive, and period products

We're proud to offer extra services to keep our DSHP Plus members healthy.

Delaware First Health is committed to providing *care that puts you first*. In addition to the State-provided DSHP and DSHP Plus benefits, our members also receive extra services that extend far beyond the doctor's office and into your everyday life.

We're always working to improve and add to our benefits. Visit our website or call our member services team to learn more about new benefits or updates to these benefits.

DelawareFirstHealth.com
1-877-236-1341 (TTY: 711)

ATTENTION: If you need this in another language, oral interpretation, auxiliary aids and services, or an alternative format call us. Delaware First Health: 1-877-236-1341 (TTY: 711).

Si necesita esto en otro idioma o en un formato alternativo, o si necesita interpretación oral o servicios y dispositivos auxiliares, llámenos. Delaware First Health 1-877-236-1341 (TTY: 711).

如您需要以其他語言、口譯、輔助工具和服務或其他文件格式檢閱此資訊，請致電我們。
 Delaware First Health: 1-877-236-1341 (TTY: 711).

Si w bezwen sa nan yon lòt lang, entèpretasyon oral, èd ak sèvis oksilyè, oswa yon lòt fòm rele nou.
 Delaware First Health: 1-877-236-1341 (TTY: 711).

Delaware First Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, sex, health status, sexual orientation, gender identity, or disability.

